

Cancellation & Inclement Weather Policy

Cancellation Policy

As a courtesy to Holly Orvis and all other clients, please allow 24 hours notice for cancellations and rescheduling requests, including gift certificate sessions. Cancellations/rescheduling requests that occur less than 24 hours before the scheduled appointment are subject to a fee equal to the full treatment cost in all circumstances, including illness. Late arrival will shorten your treatment time. Cancellation/rescheduling requests may be submitted via email, text message or voicemail if you are unable to reach me by phone. If you have not arrived within fifteen minutes of your scheduled time, you will be considered a “no show,” the time will be forfeited, and the cancellation fee will apply.

Inclement Weather Policy

Holly Orvis’s standard policy is that appointments canceled with less than 24-hours notice incur a cancellation fee. During the winter months, she is willing to make an exception to that rule. If the metro area is under a winter weather advisory and you believe that it would be unsafe or impossible for you to travel to your appointment, you may reschedule within the 24-hour window at no charge.

Additionally, in the event of winter weather, Holly Orvis follows the Oklahoma City Public Schools closing schedules.

If OKC public schools are operating with a two hour delay, appointments for the day will begin at 10 a.m. All appointments before 10 a.m. will be canceled.

If OKC Public Schools are closed, Holly Orvis is closed.

What to bring with you on your first appointment:

Please print and fill out the Health History Form prior to arriving for the initial appointment. Failure to do this may cause a delay in start time for the appointment.

Payments are required at the time of service. Cash or local checks are accepted. Credit/Debit cards are not an accepted form of payment at this time. However, it will be added in the near future, apologies for the inconvenience.

If partaking in Muscle Activation Techniques™ or Personal Training, please wear/bring athletic attire (i.e. light-weight shorts or sweatpants, t-shirt, loose-fitting clothing. Please no jeans or collared shirts.)